

## 1ª Maratona e 1/2 Maratona BTT " Serras de Grândola"

## Percurso 70 Kms

Pos.	NOME	DORSAL	TEMPO
1	Davide Marques	138	02:53:14
2	Ricardo Felix	128	02:57:55
3	Ricardo Pereira	98	02:58:39
4	Jorge Miguel Ferreira Letras	99	02:58:55
5	Nelson Eduardo Pereira Candeias	159	03:00:41
6	Pedro Trindade	110	03:02:27
7	Rafael Delaunay Gomes	78	03:02:34
8	VITOR VIEIRA	155	03:12:38
9	Rui Miguel Gonçalves Matias	139	03:15:46
10	PAULO JOSÉ ROCHA AGOSTINHO	164	03:16:46
11	Goncalo Crispim	156	03:19:17
12	NELSON GUIA	24	03:21:31
13	CARLOS AUGUSTO DAS CANDEIAS	161	03:23:58
14	Ruben jose da silva fonseca	86	03:27:47
15	JULIO GATO	101	03:37:17
16	ANTONIO GONCALVES	104	03:39:08
17	Fernando Lourenço	75	03:40:47
18	Leonel Gonçalves	114	03:40:50
19	Manuel tojinha vale	68	03:41:16
20	Carlos Franganito Mendes	121	03:41:27
21	Paulo Crispim	144	03:43:56
22	Nuno Ricardo Pereira	3	03:47:03
23	Manuel Diogo Pardal Rosa	175	03:47:17
24	Jorge Alemão	61	03:50:49
25	João Pedro Matias.	150	03:51:16
26	joão Lourenço	130	03:52:47
27	Paulo Saúde	90	04:02:50
28	Tiago Germano	154	04:02:57
29	Luís Manuel Raposo da Silva	158	04:03:08
30	José Maria Dias da Cunha	6	04:04:35
31	João Pedro Rosa Ganhão	93	04:07:53
32	Hugo Santos	45	04:13:47
33	Sancho Cruz	127	04:14:08
34	jose otilio tome pereira	2	04:17:20
35	Antonio Jose Prada Fernandes	23	04:36:42
36	Diogo Filipe Marques Garcia dos Santos	70	04:36:57
37	Vasco Lopes	141	04:37:04
38	Álvaro	30	04:41:15

## Percurso 45 Kms

Pos	NOME	DORSAL	TEMPO
1	Filipe Coelho	105	01:43:07
2	Carlos Porfírio	136	01:44:31
3	Daniel Vilhena	80	01:48:30
4	João Vidigal	137	01:50:51
5	RUI GONÇALVES	85	01:51:02
6	Sergio parreira	140	01:54:04
7	Rui Serrano	126	01:54:16
8	Luís Mendes	142	01:54:23
9	TIAGO RODRIGUES	135	01:57:12
10	Helder António Ventura Candeias	76	01:57:20
11	joao miguel ribeiro	57	01:57:51
12	Filipe Maia	170	01:59:01

## GERAL

13 João Nunes	134	02:00:02
14 Luis Gomes	160	02:00:35
15 JOÃO PAULO VASCONCELOS	59	02:02:42
16 Armando Inácio	79	02:02:56
17 Luís Alves	106	02:03:18
18 André Santos	15	02:05:01
19 Edgar Madeira Santos	18	02:06:27
20 Antonio Carlos Miranda Junior	73	02:07:48
21 José Pedro Gonçalves.	124	02:08:03
22 Filipe Felizardo	72	02:08:30
23 Oscar M Guerreiro Marcos	82	02:08:40
24 Sérgio Góis	122	02:08:54
25 José António vitoria Manuel	64	02:09:06
26 Joaquim Manuel Pires Lopes	65	02:09:24
27 Marcelino Santana	125	02:09:31
28 Luis Costa	117	02:09:56
29 PEDRO VENTURA	108	02:10:03
30 ALEXANDRE PIMPAO	173	02:10:39
31 Samuel Lança	132	02:11:06
32 Nuno Miguel Marques Palancha	133	02:12:04
33 Celso Mestre	148	02:13:15
34 Pedro Miguel Raposo Lourenço	58	02:14:31
35 Helder M. Soares	151	02:15:27
36 Adelino do Carmo Lopes Damião	167	02:16:32
37 Tiago Dias	179	02:16:39
38 Ricardo Dias	180	02:16:46
39 André fernandes Pereira	177	02:18:23
40 Márcio Vitor	91	02:19:26
41 João Filipe Verdelho Destapado	84	02:19:55
42 Dino Manuel Sobralinho Ablum	103	02:20:53
43 Nuno Bogas Martins	92	02:21:41
44 Diogo Miguel Jesus Pereira	55	02:23:44
45 Ricardo Dourado Santos	52	02:25:34
46 João Ferreira	129	02:27:17
47 João Grilo	131	02:27:23
48 Luís Caldas	120	02:27:34
49 carlos manuel marcos	112	02:27:44
50 ricardo pereira sobral	83	02:31:51
51 Manuel Joaquim Ferreira da Silva	172	02:33:37
52 João Carlos F. Santos	163	02:34:33
53 Gilberto Oliveira	69	02:36:45
54 Luis Fialho	95	02:37:21
55 Telmo Miguel Marçalo Alves	111	02:37:35
56 João Rafael	50	02:37:46
57 Victor Correia	43	02:37:50
58 João Saragoça	44	02:37:54
59 Paulo Jorge Fonseca Ferreira	17	02:38:54
60 Rui Miguel Quintas Trindade	113	02:39:51
61 Mário Rui Delgado de Matos	12	02:40:48
62 Francisco Guerreiro	143	02:41:23
63 Pedro Lima	19	02:42:23
64 António Palma	123	02:42:31
65 Ricardo Batista	94	02:42:36
66 Nuno Loução	109	02:42:42
67 Vera Gamito	149	02:43:14
68 Carlos Nunes da Silva	87	02:43:21
69 António José Faquinha Pedras	107	02:46:03

## GERAL

70 Filipe Miguel Santos	88	02:47:00
71 Rafael Luis	171	02:48:02
72 Arlindo Nunes Jose	56	02:48:52
73 Vitor Manuel Rodrigues Silva Liberato	49	02:49:00
74 marco barroso	34	02:49:05
75 Braulia Gamito	162	02:49:42
76 António Teixeira	89	02:49:59
77 Alexandre Cesar Diniz de Almeida	14	02:50:43
78 João Gabriel Gonçalves	62	02:51:57
79 Jorge Campos	47	02:53:48
80 Pedro Silva	97	02:54:51
81 Bruno Castanhas	174	02:54:58
82 António David Rodrigues	63	02:56:08
83 Heitor Martins Ventura Gomes	46	03:00:01
84 João Guerreiro	169	03:01:44
85 António Lima	181	03:05:30
86 Helder da costa	67	03:06:44
87 bruno ventura	33	03:07:15
88 Alberto Pereira	118	03:07:39
89 Ana Marques	119	03:07:48
90 Miguel Ferrinho	5	03:09:39
91 Paulo Mesuras	102	03:12:48
92 Joel Gomes	165	03:14:25
93 Rodrigo	35	03:19:10
94 Eliseu Heriques Serrão	74	03:20:38
95 João Maia	152	03:22:37
96 Luis Alves	32	03:26:12
97 Tiago Cardoso	51	03:26:26
98 Joaquim Antonio Tomas Trindade	146	03:33:15
99 Dário Ferreira	71	03:43:12
100 Bartolomeu Baião Guerreiro	168	03:49:28
101 José Manuel Sousa Afonso Silva	37	03:52:45
102 Ricardo Jorge Sousa Reis	36	03:52:57
103 jaime nascimento	147	03:53:03
104 Mauro Ferreira	16	03:57:58
105 Helena Dias	145	04:01:13
106 Claudia Sofia Estrela	54	04:04:37
107 Helena Gonçalves	81	04:04:46
108 Diogo Miguel Domingos Frasquilho	96	04:04:57
109 Rafael Pereira Sobral	116	04:21:08
110 HELDER JOAQUIM SILVA VIDEIRA	20	04:24:30
111 Anselmo Oliveira Rosa	29	04:25:03